

Optional Extras:

SESE- Try this experiment to make a tornado in a bottle [makeatornado.html](#)

SESE- Learn about the ancient Greeks here [Ancient Greeks](#)

English: Check out some podcasts here [Podcasts](#)

Wellbeing Why not start a gratitude journal - every day think of one thing you are thankful for and record it in your journal.

Gaeilge: Watch a show on TG4. If you want to practice reading why not try reading this newsletter [Newsletter](#)

SESE: Tune into the National Aquarium on Friday to learn more about marine life [National Aquarium](#)

PE: Try some yoga [CosmicKidsYoga](#)

Art: Learn about Salvador Dali here - [Salvador Dali](#) If you feel inspired why not create a piece of art.

Music: Look up some Latin American artists and check out their music.